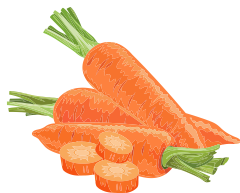


School Survey Guide



Use the surveys in the following pages to help identify what is currently popular on your menu and what the students do not care for. One survey option also provides a section where students can vote on new menu items, with those items ideally being from-scratch. You can also consider building a Google Form to distribute surveys. This is a great way to build student investment in the school meal program while introducing from-scratch recipes that excite them!

Step 1: Survey Disclosure

Discuss your plan to hold a student survey with all relevant parties (principals, teachers, administrative staff, kitchen staff, custodians).

- Determine if this can be done in the cafeteria or in another manner (classroom, online, gym...)
- Decide if you will need volunteers to help administer the survey

Step 2: Survey Building

The surveys below provide several options depending on the kinds of menu changes you are considering.

- Option 1: Determining students' favorite and least favorite meals from your current menu
 - Decide if you want to focus on either breakfast and lunch or include both meals and select the appropriate survey
- Option 2: Planning future meal additions
 - Work with Food Service to identify 4 new menu items that you want students to vote on and replace the current example meals in the survey template with meals students can choose from

Step 3: Create Visual Prompts

Write out (use a flip chart, whiteboard, large sheet of paper) all current menu items and place in a visible area.



Step 4: Determine Distribution

Figure out how to pass surveys out:

- While students are waiting in lunch line
- Give them to students as they exit lunch line to fill it out while eating
- Set up a table in cafeteria and have students come up to fill out surveys
- Distribute surveys in the classroom
- Create a Google Form with these questions

Ensure students who bring lunches from home/don't eat can also fill out a survey.

Step 5: Survey Distribution & Results

Print the needed amount of student surveys and cut them into 4 individual sheets.

- Make sure you have pens/pencils available to be passed out

Set up a station where the completed surveys can be returned.

Tally the results from the survey and share the results!

- Make an announcement informing students of which new menu items received the most votes
- Make a sign informing students of their favorite items, least favorite items and the new menu items

Your opinion matters!

We are working to bring you meals that are fresh, delicious and healthy every day. Thank you for taking the time to share your opinion.

1) How often do you eat school food? (Circle One)

Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school food program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal (breakfast or lunch)?



4) What is your least favorite meal (breakfast or lunch)?



5) Do you have any other comments or suggestions about how to improve school food?



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NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal (breakfast or lunch)?



4) What is your least favorite meal (breakfast or lunch)?



5) Out of the 4 items below, which would you most like to see on your lunch menu? (Can circle multiple items)

- * Chow Mein Noodles * Vegetable Beef Stew
- * Beef and Broccoli Stir Fry * Crispy Chicken Wrap

6) Do you have any other comments or suggestions about how to improve school food?



Your opinion matters!

1) How often do you eat school food? (Circle One)

Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school food program? (Circle One)

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- * Chow Mein Noodles * Vegetable Beef Stew
- * Beef and Broccoli Stir Fry * Crispy Chicken Wrap

6) Do you have any other comments or suggestions about how to improve school food?



Your opinion matters!

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1) How often do you eat school lunch? (Circle One)

Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school lunch program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for lunch?



4) What is your least favorite meal for lunch?



5) Do you have any other comments or suggestions about how to improve school food?



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1) How often do you eat school lunch? (Circle One)

Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school lunch program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for lunch?



4) What is your least favorite meal for lunch?



5) Do you have any other comments or suggestions about how to improve school food?



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Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school lunch program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for lunch?



4) What is your least favorite meal for lunch?



5) Do you have any other comments or suggestions about how to improve school food?



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2) On a scale of 1 -5, how would you rate our school lunch program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for lunch?



4) What is your least favorite meal for lunch?



5) Do you have any other comments or suggestions about how to improve school food?



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We are working to bring you meals that are fresh, delicious and healthy every day. Thank you for taking the time to share your opinion.

1) How often do you eat school breakfast? (Circle One)

Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school breakfast program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for breakfast?



4) What is your least favorite meal for breakfast?



5) Do you have any other comments or suggestions about how to improve school food?



Your opinion matters!

We are working to bring you meals that are fresh, delicious and healthy every day. Thank you for taking the time to share your opinion.

1) How often do you eat school breakfast? (Circle One)

Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school breakfast program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for breakfast?



4) What is your least favorite meal for breakfast?



5) Do you have any other comments or suggestions about how to improve school food?



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Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school breakfast program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for breakfast?



4) What is your least favorite meal for breakfast?



5) Do you have any other comments or suggestions about how to improve school food?



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Every Day 2-3 times a week Once a week Rarely or never

2) On a scale of 1 -5, how would you rate our school breakfast program? (Circle One)

NOT GOOD PRETTY GOOD VERY GOOD
1 2 3 4 5

3) What is your favorite meal for breakfast?



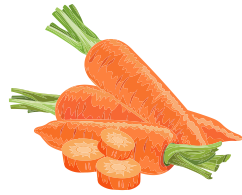
4) What is your least favorite meal for breakfast?



5) Do you have any other comments or suggestions about how to improve school food?



School Survey Guide



Use the surveys in the following pages to help identify what is currently popular on your menu and what the students do not care for. This survey is intended for students in the first and second grades. This is a great way to build student investment in the school meal program while introducing from-scratch recipes that excite them!

Step 1: Survey Disclosure

Discuss your plan to hold a student survey with all relevant parties (principals, teachers, administrative staff, kitchen staff, custodians).

- Determine if this can be done in the cafeteria or in another manner (classroom, online, gym...)
- Determine if you need volunteers to help administer the survey

Step 2: Survey Building

Decide if you want to focus on a certain meal, or include both breakfast and lunch. Work with Food Service to identify 4 new menu items that you want the students to vote for.

Step 3: Create Visual Prompts

Write out (use a flip chart, whiteboard, large sheet of paper) all the current menu items and place in a visible area.



Step 4: Determine Distribution

Figure out how to pass surveys out

- While students are waiting in lunch line
- Give them to students as they exit lunch line and have them fill it out while eating
- Set up a table in cafeteria and have students come up to fill out surveys

Ensure students who bring lunches from home/don't eat can also fill out a survey.

Step 5: Survey Distribution & Results

Print the needed amount of student surveys and cut them into 2 half sheets.

- Make sure you have pens/pencils available to be passed out

Set up a station where the completed surveys can be returned.

Tally the results from the survey and share the results!

- Make an announcement informing students of which new menu items received the most votes
- Make a sign informing students of their favorite items, least favorite items and the new menu items

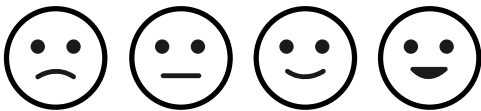
HOW'S YOUR SCHOOL FOOD?



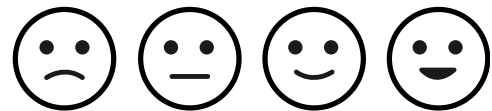
DRAW YOUR FAVORITE SCHOOL MEAL!

COLOR IN THE EMOJI FOR HOW YOU FEEL ABOUT EACH MEAL!

**[INSERT MEAL
HERE]**



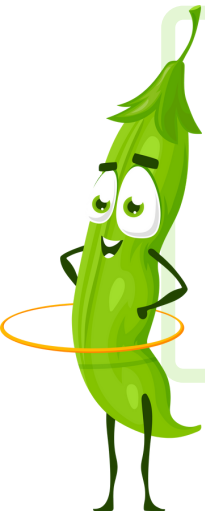
**[INSERT MEAL
HERE]**



**[INSERT MEAL
HERE]**



**[INSERT MEAL
HERE]**



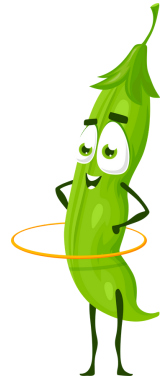
HOW'S YOUR SCHOOL FOOD?



DRAW YOUR FAVORITE SCHOOL MEAL!



COLOR IN THE EMOJI FOR HOW YOU FEEL ABOUT EACH MEAL!



[INSERT MEAL HERE]

[INSERT MEAL HERE]

[INSERT MEAL HERE]

[INSERT MEAL HERE]



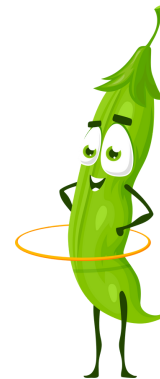
HOW'S YOUR SCHOOL FOOD?



DRAW YOUR FAVORITE SCHOOL MEAL!



COLOR IN THE EMOJI FOR HOW YOU FEEL ABOUT EACH MEAL!



[INSERT MEAL HERE]

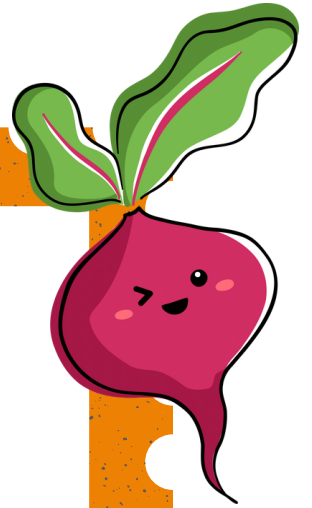
[INSERT MEAL HERE]

[INSERT MEAL HERE]

[INSERT MEAL HERE]



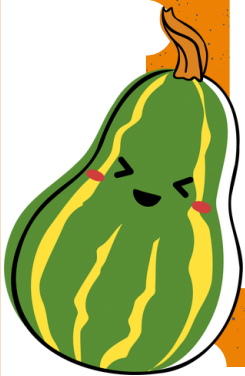
Descriptive Tasting Words



Acidic
Bitter
Bland
Burnt
Chewy
Cold
Comforting
Creamy

Crispy
Crumbly
Crunchy
Delicious
Dry
Flavorful
Fruity
Herbal
Hot
Juicy
Mild
Moist
Peppery
Pungent

Rich
Rubbery
Salty
Sharp
Smoky
Soft
Sour
Spicy
Stale
Sweet
Tangy
Tart
Tender
Zesty



Recipe Feedback!

Name: _____

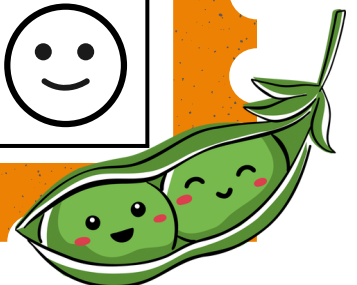
What recipe did you try today?

Using at least 2 descriptive words, write a sentence to describe the recipe.

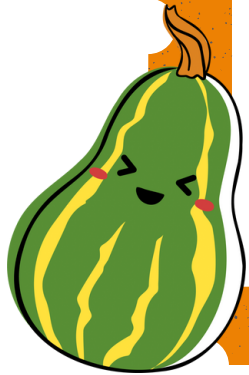
Color in the emoji that matches how you feel about the recipe!



Survey template courtesy of Cherry Creek School



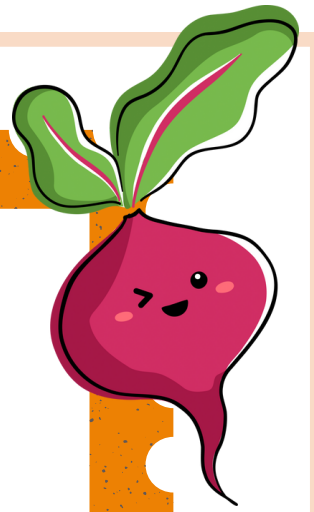
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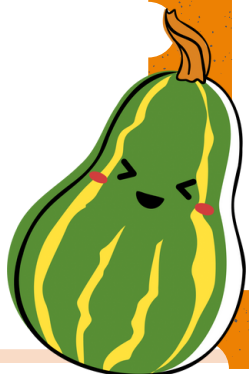
Crispy
Crumbly
Crunchy
Delicious
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Flavorful
Fruity
Herbal
Hot
Juicy
Mild
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Peppery
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Rich
Rubbery
Salty
Sharp
Smoky
Soft
Sour
Spicy
Stale
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Tangy
Tart
Tender
Zesty



Survey
template
courtesy of
Cherry Creek
School

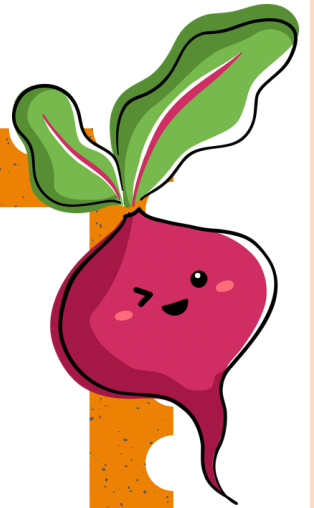
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Survey
template
courtesy of
Cherry Creek
School

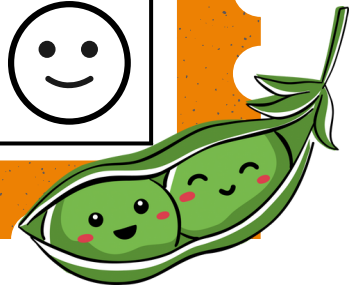
Recipe Feedback!

Name: _____

What recipe did you try today?

Using at least 2 descriptive words, write a sentence to describe the recipe.

Color in the emoji that matches how you feel about the recipe!



Survey template courtesy of Cherry Creek School

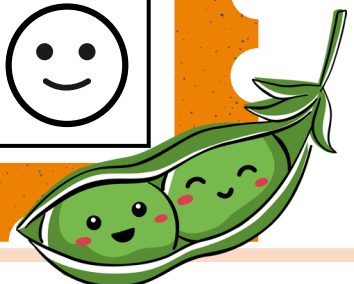
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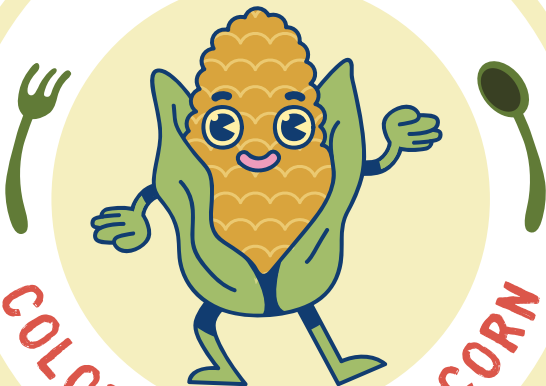
Color in the emoji that matches how you feel about the recipe!



Survey template courtesy of Cherry Creek School

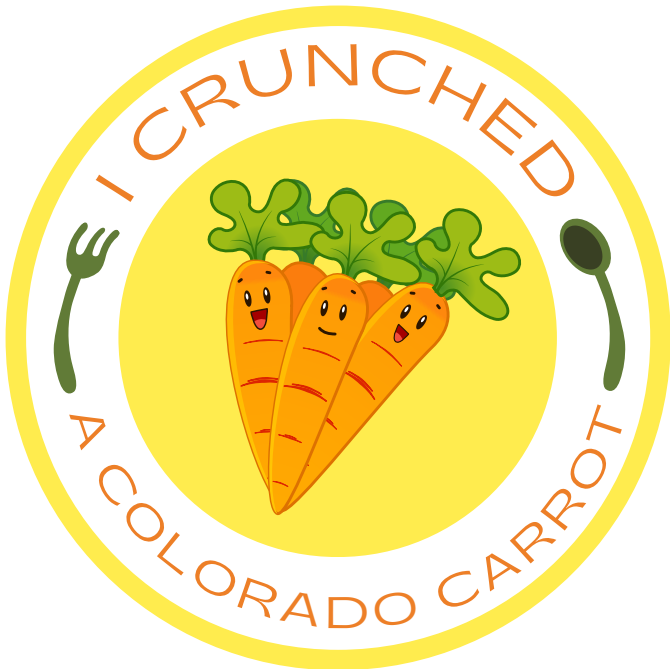


I LOVE

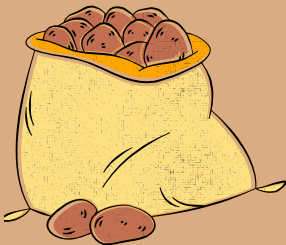


COLORADO SWEET CORN





YUMMMM



COLORADO POTATOES!

I TRIED



COLORADO QUINOA



COOL



(COLORADO) BEANS

I TRIED



COLORADO MELON

