

# OPPORTUNITIES TO CELEBRATE AND PROMOTE LOCAL FOODS CALENDAR



USE THIS CALENDAR TO IDENTIFY HOLIDAYS, EVENTS AND FUN FOOD DAYS TO PROMOTE LOCAL FOODS AT YOUR SCHOOL.

Visit the ["Know Your Menu"](#) resource for CO growing season as well as produce prep information!

### AUGUST

Aug. 3- National Watermelon Day  
 Aug. 8- National Zucchini Day  
 Aug. 19- National Potato Day  
 National Peach Month  
**Harvest of the Month: Squash**



### SEPTEMBER

Sept. 7- Acorn Squash Day  
 Sept. 9- "I Love Food!" Day  
 Sept. 15- Beginning of Hispanic Heritage Month (through Oct. 15)  
 Sept. 18-24- Colorado Bean Week  
**Harvest of the Month: Tomatoes**



**Back to School!**  
 August can be a great time to celebrate both the beginning of the school year, and a busy time in the harvest season

### OCTOBER

First Week of October - Colorado Proud School Meal Day  
 Oct. 17-21 Mountain Plains Crunch Off  
**Harvest of the Month: Apples**



### NOVEMBER

Nov. 17- Bread Day  
 Fourth Thursday in Nov.- Thanksgiving  
**Harvest of the Month: Carrots**



**National Farm to School Month!**  
 A perfect time to celebrate fall produce

Thanksgiving dishes like squash or mashed potatoes could be served before students leave for break.

### DECEMBER

Dec. 25- National Tamales Day  
**Harvest of the Month: Broccoli and Cauliflower**



### JANUARY

Jan. 6- National Apple Tree Day  
 Jan. 30- National Croissant Day  
**Harvest of the Month: Squash**

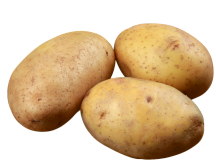


Consider highlighting tamales on the menu before students leave for winter break!

**harvest OF THE MONTH**  
 The Colorado Department of Public Health has identified a harvest of the month specific to Colorado, which are included for each month in this document!

### FEBRUARY

Feb. 4- National Homemade Soup Day  
 Feb. 14- Valentine's Day  
**Harvest of the Month: Potatoes**



### MARCH

March 19- National Agriculture Day  
 March 26- National Spinach Day  
 March 31- National Tater Day  
 National Nutrition Month  
**Harvest of the Month: Snap Peas**



Spinach might not be growing outside at this time, but can still be sourced locally from greenhouses or covered farm rows all winter and early spring.

### APRIL

April 2- National Love Your Produce Manager Day  
 April 19- National Garlic Day  
 April 22- Earth Day  
 Last Wednesday in April- National Stop Food Waste Day  
**Harvest of the Month: Spinach**



### MAY

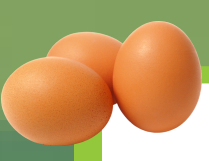
May 24- Asparagus Day  
 First Friday in May- School Lunch Hero Day  
**Harvest of the Month: Radishes**



**End of School!**  
 The end of the academic year coincides with the early (outdoor) Colorado growing season.

### JUNE

June 3- National Egg Day  
 June 16- National Fresh Veggies Day  
 Summer meal programs begin  
**Harvest of the Month: Strawberries**



Field days and other school celebrations are a great time to highlight local food!

### JULY

July 26- Bagelfest Day  
 End of summer meal programs  
**Harvest of the Month: Beets**



**End of School!**